



Cooperative Extension Service

Estill County
76 Golden Court
Irvine, KY 40336
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Simple pruning tips for your fruit trees during the dormant season

All fruit trees must be pruned and trained to enhance fruit production, as the way the tree is shaped will impact fruit yield, fruit size and ripening. In Kentucky, the ideal time to prune fruit trees is in late winter or early spring.

Both newly planted and mature fruit trees must be pruned to maintain size and shape. Here are some easy tips:

- For young trees, pruning to a strong central leader with four to five lateral branches is most common.

Heading cuts can be done on mature trees to control the tree's height; thinning cuts can open up the canopy and maximize sunlight and airflow. For older, overgrown trees that need heavier pruning, removing up to 1/3 of the larger branches over several years will help rejuvenate the tree.

- Pruning cuts should be made at the base of the branches, leaving a ¼" to ½" branch collar intact for proper healing. Dead and diseased shoots and limbs should be removed, as well as any shriveled or 'mummy' fruit remaining on the tree.
- Sharp pruners or loppers should be used to ensure clean cuts. Sanitize the tool blades between each cut with rubbing alcohol or a 10% bleach solution so as not to spread any disease that may be present.


For more information on pruning apple trees, visit the UK Martin-Gatton College of Agriculture, Food and Environment [YouTube channel](https://www.youtube.com/user/UKAgriculture) at <https://www.youtube.com/user/UKAgriculture>.

Source: Delia Scott

february

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Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Lexington, KY 40506



Disabilities
accommodated
with prior notification.

EAST-CENTRAL KENTUCKY

TURF PROFESSIONALS TRAINING



Presented by Estill & Powell County Extension
Agents for Agriculture & Natural Resources

Date: Thursday, March 6, 2025
Time: 9:00 a.m. - 1:00 p.m.
Location: Estill County Extension Office
76 Golden Court, Irvine, KY

**There is no
charge for
this class.**

Certified Pesticide Applicators:

Kentucky Department of Agriculture (4) continuing education units approved.

Please call 606-723-4557 to pre-register by February 28th.

Light refreshments and coffee will be provided.

Directions

From I-75 : Take the Richmond/Irvine Exit 90A. As you exit the interstate you will be on the Richmond Bypass. Proceed to a left onto 52 East at Mann Jeep/Chrysler. Follow 52 East to Irvine through the first traffic light and turn right onto Stacy Lane (Hwy 3337). Travel to the top of the hill; Golden Court will be on the right.

From I-64: Take the Winchester/Paris Exit 96 and proceed south to Hwy 89 and on to Irvine. At the first traffic light, turn right onto 499 (bypass) and follow to the end. Turn left onto 52 East and then take the next right onto Stacy Lane (Hwy 3327). Travel to the top of the hill; Golden Court will be on the right.

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LUNCH & LEARN: HOMESTEADING BASICS



Join Agents Emma Lee and Judy Vaughn for this four-part Lunch & Learn series on Homesteading Basics.

- Thursday, February 13 - The Buzz About Honey
- Thursday, February 27 - All About Mushrooms
- Thursday, March 13 - Beginner Gardening
- Thursday, March 27 - Farming & Estate Financial Planning

Each program will begin at 12 noon at the Estill County Extension Office, 76 Golden Court, Irvine.

*This lunch and learn is free and open to the public.
Please call 606-723-4557 to sign up.*

Emma Lee, County
County Extension Agent
for Agriculture & Natural Resources

Judy Vaughn
County Extension Agent
for Family & Consumer Sciences

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CAIP INFORMATIONAL MEETING

**THIS MEETING IS
RESCHEDULED FOR
FEBRUARY 10TH AT 6:00**

Join us to learn more about the 2025 CAIP program. Whitney Young from the Estill County Conservation District will be presenting information about CAIP. Everyone is welcome to join us! Carrie from NRCS will also be presenting about NRCS grants.

The meal will be served at 6:00 and the meeting will begin at 6:30.

PLEASE call (606) 723-4557 and sign up, if you would like to attend, so that we can have a head count for the meal.



SAVE THE DATE

ESTILL
COUNTY
CATTLEMEN'S
ASSOCIATION

The Estill County Cattlemen's Association and Beef Producers will meet on **February 20th at 6:00 pm** at the Estill County Extension Office, 76 Golden Court, Irvine, KY.

Malissa Worrell will be our guest speaker. There will be a meal, so please call (606) 723-4557 and sign up to attend.

****Note the date change, this month ONLY**





MARK YOUR CALENDARS FOR THE
2025 SPRING PLANT SALE

Orders will start on February 3rd and must be turned in **NO LATER THAN March 7th.**

STRAWBERRIES - \$7.00 (BUNDLE OF 25)



Two varieties to chose from:

- Allstar (June bearing - larger berry)
- Earliglow (June bearing - smaller, sweeter berry)

BLACKBERRIES (NATCHEZ) - \$5/BRAMBLE

BLUEBERRIES - \$9 EACH



Two varieties to chose from:

- Duke
- Chandler

RASPBERRIES (PRELUDE) - \$5/BARE ROOT

JEWEL BLACK RASPBERRIES - \$5 PLANT

ASPARAGUS (MILLENNIUM) - \$1 EACH

ONION PLANTS (CANDY) - \$5 (BUNDLE OF 60)

Limited quantities of each plant will be available for purchase by pre-order only.

To place your order, stop by the

Estill County Extension Office, 76 Golden Court, Irvine, KY 40336

Checks need to be made out to: ECESL (Estill County Extension Soil Lab)

Estill County Extension Office accepts cash or check only

NO CARDS AND NO BILLS OVER \$20.

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ALERT!

Avian Influenza in Kentucky

Information for bird owners

Highly Pathogenic Avian Influenza (HPAI) has been found in Kentucky. It is a contagious disease of birds, typically deadly to domesticated poultry.

WHAT KINDS OF BIRDS ARE AT RISK?

HPAI is highly contagious and often fatal for domesticated poultry, including **chickens, turkeys, pheasants, quail, ducks, geese, and guinea fowl**. It can be carried by free flying migratory waterfowl, such as ducks, geese, and shorebirds.

DOES HPAI INFECT PEOPLE?

According to the U.S. Centers for Disease Control and Prevention, these avian influenza detections do not present an immediate public health concern. Properly cooked meat and eggs from birds are safe to eat. Cooking poultry and eggs to an internal temperature of 165° F kills bacteria and viruses. The CDC is continuing to monitor the situation. See their website, cdc.gov/flu/avianflu, for the latest.

HOW IS HPAI SPREAD?

The disease is spread by direct contact between birds, by coughing and sneezing, and through droppings. People can spread HPAI by moving infected birds, moving contaminated equipment and feed, and by wearing clothing and shoes that have been in infected areas.

WHAT DOES HPAI LOOK LIKE IN BIRDS?

Some signs of HPAI include sudden death of poultry without clinical signs, respiratory signs (nasal discharge, coughing sneezing), a lack of energy or appetite, decreased water consumption, decreased egg production or soft-shelled or misshapen eggs.

WHAT YOU CAN DO TO HELP

- If you think your birds are sick please immediately call the **Sick Bird Hotline at 866-536-7593**
- Keep your birds away from other birds.
- If you visit family or friends with birds, shower, wash your clothes, and change your shoes before handling your birds
- Don't visit them without taking these same steps if you have handled your birds.
- Try to keep people who also own birds from visiting your property
- Share information about HPAI with family and friends



KENTUCKY
DEPARTMENT OF
AGRICULTURE

kyagr.com/hpai



SICK BIRD HOTLINE: 866-536-7593

Farmers' Market Meeting

January 27 and February 24

6:00 p.m.



The Estill County Farmers Market is meeting every Fourth Monday of the month January thru April at 6:00. If you are interested in being a vendor, please attend.

Estill County Extension Office
76 Golden Court, Irvine, KY

NEOPESTALOTIOPSIS DISEASE IN STRAWBERRY:

A New Reality for Kentucky Growers

FEBRUARY 6, 2025

6:00 - 7:30 PM (EST)

WEBINAR VIA ZOOM

REGISTER AT: [HTTPS://BIT.LY/4IF6KTC](https://bit.ly/4IF6KTC)



Agenda:

6:00 pm - Managing Neo-pest Disease with Dr. Nicole Gauthier

6:45 pm - Starting Your Own Disease-free Plugs with Dr. Shawn Wright

Q&A session will follow presentations

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RETURN SERVICE REQUESTED

Triple Berry Crisp

Cooking spray
3 tablespoons white sugar
¾ teaspoon cinnamon
¾ teaspoon nutmeg
½ cup butter
1¾ cup fresh blackberries
1¾ cup fresh blueberries
½ cup flour
1¾ cup fresh strawberries
¾ cup brown sugar
½ cup oats

Preheat oven to 375 degrees F. Spray the bottom and sides of an 8-by-8 inch baking pan with nonstick cooking spray. Wash berries. Do not let berries soak in water. Hull strawberries by removing the stems and green tops. Place blueberries, blackberries and strawberries in a mixing bowl. Sprinkle berries with white sugar and stir. Set aside. In a separate, large bowl, mix the brown sugar, flour, oats, cinnamon and nutmeg. Cut in the butter until crumbly. Pour berry mixture into baking pan. Sprinkle crumbly mixture over the berries. Bake for 30 minutes or until the top is golden brown.

Yield: 12, ½ cup servings
Nutritional Analysis: 160 calories, 6 g fat, 3.5 g saturated fat, 15 mg cholesterol, 0 mg sodium, 27 g carbohydrate, 3 g fiber, 19 g sugars, 2 g protein



Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.



For more Plate it up recipes visit
<https://fcs-hes.ca.uky.edu/content/plate-it-kentucky-proud>