



THE ESTILL COUNTY CLOVER PRESS

Cooperative Extension Service
Estill County
76 Golden Court
Irvine, KY 40336-6917
Phone: (606)723-4557
www.estill.ca.uky.edu

Hello 4-H friends & family! Allow me to introduce myself, please. My name is Erin, and I'm the new 4-H agent in Estill County. I'm so excited for this opportunity, and what we'll be able to do together. I've lived in Estill County for 16 years and have been involved with our 4-H and Extension office over the last 4 to 5 years. I have tons of experience with animals, leadership, crafting, events, education, and more! You may have seen me around our area volunteering or supporting our local area in various ways. I'm married and have two daughters. I have 4-legged babies too! A lovable poodle named Winston, and a big fat kitty named Scratch. I also have tons of brothers, sisters, nieces, and nephews. I love my entire family dearly! We love to have fun together, and we laugh a lot. My hobbies and interests include traveling, crafting, animals, staying busy, and doing anything creative. I've also been helping as a local Girl Scout Troop leader, and as an assistant coach for the West Irvine Junior Winter Guard. I love being active in our community, and supporting organizations, especially youth, where I can. I cannot wait to help our 4-H



programs grow! I've already been the 4-H Photography Club leader for 2 years, and that's been great. We've learned a lot. However, there's room for so many more programs to offer through our office. We've got big plans that I hope everyone will be happy to see.

In addition to our long-standing clubs like Cloverbud, Teen Council, Cooking, Photography, Shooting Sports, Goat/Sheep, and Horticulture, we've recently added a Bug Club. This is very exciting! Youth can learn more about, or how not to be afraid, of bugs and insects. Our Ag Agent, Emma Lee, is heading up that club, and has some great activities in store. This one is going to be fun for all ages!

Continued on page 2....

MARCH 2024

- 4-H Scholarship Opportunities
- 4-H Camp Save the Date!
- Embroidery Project Flyer
- Art/Home Environment Camp Flyer
- We Dig Bugs
- Entomology Club Flyer
- 2024 Spring Flower Fundraiser Order Form
- March calendar

Erin Leach
County Extension Agent
for 4-H Youth Development

LaDonna Dawes
4-H Program Assistant

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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Lexington, KY 40506



Disabilities
accommodated
with prior notification.

Agents article continued from page 1...

New projects, programs, and camps on the horizon include:

- Hand Embroidery Class
- Home Environment & Art Camp
- Day Camp
- 4-H Camp
- Estill County 4-H Expo
- State Fair

I look forward to meeting everyone and making new friends. My wish is for more youth and volunteer involvement in our current and upcoming programs. If there's something you'd like to see offered, feel free to call me to discuss. I want our youth to have as much exposure to opportunities as possible, and I want to help them learn and grow. There's a world of options, and together we can make our organization even better. Thanks for being a part of our Estill County 4-H family, and I hope we can continue to grow our family tree together. Our roots are strong, and our future is bright!



Search:
Estill County 4-H

SAVE THE DATE

JULY 2ND-5TH

ESTILL COUNTY

4-H SUMMER CAMP

"UNDER THE BIG TOP"

***MORE DETAILS COMING SOON!**

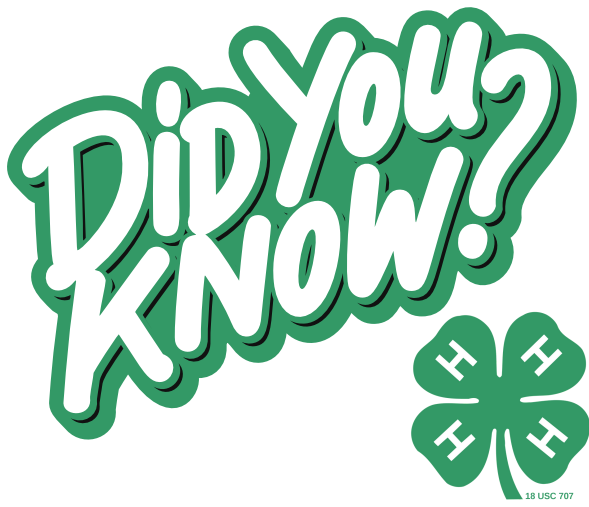
To receive a camp application once details have been finalized, email estill.ext@uky.edu

Put **4-H CAMP** in the subject line.

Include youths name, mailing address, and current age. You can also contact the Estill County Extension Office at 606-723-4557.

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the UK Office of Institutional Equity and Equal Opportunity, 13 Main Building, University of Kentucky, Lexington, KY 40506-0032 or US Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410



Estill County 4-H Teen Club members toured AGC in January. Teen Club is open to 4-H youth who are currently in grades 6th-12th. The next meeting will be held Tuesday, March 5th at 4p.m. at the Estill County Extension Office.

Estill County 4-H Council offers two (2) different scholarship opportunities for graduating high school students?!

ESTILL COUNTY 4-H SCHOLARSHIP


This is a \$500 scholarship. Recipient has to have participated in 4-H four (4) out of the last six (6) years in the Estill County 4-H Program.

H.T. & DORIS HARDY 4-H SCHOLARSHIP


This is a \$500 scholarship. Must be an active 4-H member; must be a graduating High School student; must be attending college of their choice the fall after high school graduation.

Estill County Cooperative Extension
76 Golden Court, Irvine, KY 40336
(606) 723-4557

For more information on 4-H programs and activities follow us on Facebook at Estill County 4-H or visit us online at estill.ca.uky.edu



Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky.



WE DIG BUGS ENTOMOLOGY CLUB

For Estill County Youth 4-H Age 9-18


Youth must have reached their 9th birthday, but not their 19th birthday, before Jan. 1, 2024.

Estill County 4-H We Dig Bugs Entomology Club will be meeting on the 4th Wednesday of every month at 4:00 pm.

Wednesday, March 27th at 4p.m.
Wednesday, April 24th at 4p.m.
Wednesday, May 22nd at 4p.m.

Meetings will be held at the Extension Office.

Join us to see live insects, build a pinned insect collection and/or photography exhibit! These can be entered in to the 4H Expo.




Space for this club is limited!
Call (606) 723-4557 for more information about this club.

NO SIGNUPS AFTER THE 2ND MEETING!



LaDonna Dawes
4-H Program Assistant

EmmaLee
Emma Lee
County Extension Agent
for Agriculture & Natural Resources



Cooperative Extension Service
Agriculture and Natural Resources
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4-H Youth Development
Community and Economic Development

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Lexington, KY 40506

FOR ESTILL COUNTY YOUTH 4-H AGE 9-18

Looking for something for your Estill County 4-H age youth to do during Spring Break? Join us for our

HOME ENVIRONMENT/ART CAMP

April 2nd-4th, 2024 from 8:30a.m. - 3:30p.m.
at the Estill County Extension Office, 76 Golden Court, Irvine
Youth must be able to attend the entire day for all 3 days.

During our camp, youth will be learning about and making projects for their home/room, that will remain at the extension office and be entered in our 4-H Expo in July 2024. Entries that win Grand Champion at our Expo, will advance to the Kentucky State Fair in August. Exhibits will be given to the youth at the end of our Expo, or after the KY State Fair, if they advance on. **Some of the state fair projects youth will be making at our camp include:** Texture Collage, Wastebasket, Bulletin Board, Invitation and Thank You Letter/Note, Old or Discarded Item made New, Blueprint Paper Print, Circular Shape Drawing, Mixed Media, a Woodworking project, and more as time allows. **Youth will work with Jessica Webb, our NEP Assistant to prepare their own breakfast and lunch.**

COST: \$10 FEE TO HELP COVER SUPPLIES

LIMITED SPOTS! SIGN UPS MARCH 4-25, OR UNTIL CLASS IS FULL. MUST PAY FEE AT SIGN UP.



Erin Leach

Erin Leach
County Extension Agent
for 4-H Youth Development

What is 4-H age? Youth must have reached their 9th birthday, but not their 19th birthday, before Jan. 1, 2024.

LaDonna Dawes
4-H Program Assistant

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Lexington, KY 40506



Disabilities accommodated with prior notification.



4-H Embroidery Project

4-H Age Youth will learn and practice multiple embroidery stitches and complete a project that will be 4-H Expo/Kentucky State Fair eligible.

***Youth must attend both meetings!**

**March 14th and March 28th
at 4:00 p.m.**

**Estill County Extension Office
76 Golden Court, Irvine**

This workshop is limited. Supplies
will be furnished.

To sign youth up call 606-723-4557.



Erin Leach

FOR ESTILL COUNTY YOUTH 4-H AGE 9-18

Erin Leach
County Extension Agent
for 4-H Youth Development

**What is 4-H age? Youth must have
reached their 9th birthday, but not their
19th birthday, before Jan. 1, 2024.**

LaDonna Dawes
4-H Program Assistant

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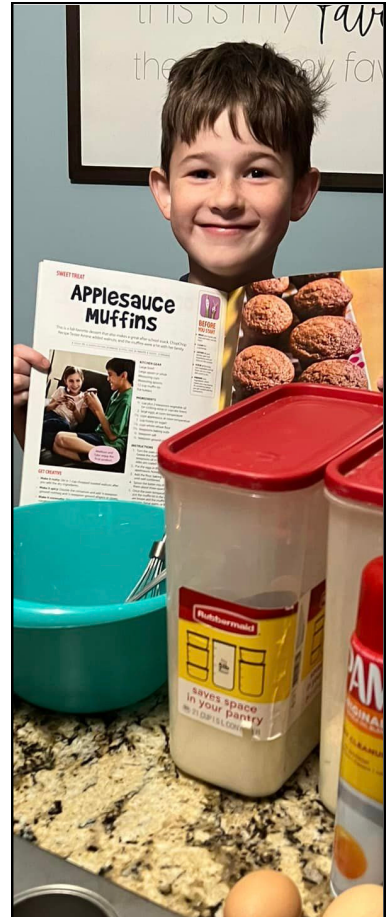


4-H IN ACTION

LENS MADE IN PARAGUAY 077MM

ZOOM LENS 17-35 mm 1:2.8

SNAPSHOTS



Estill County 4-H Council

Spring Fundraiser

The Estill County 4-H Council will be taking orders for their annual Spring Flower Fundraiser. We will be selling hanging baskets and patio pots to raise money for local 4-H programs. Orders must be pre-ordered and pre-paid. **Deadline for orders will be April 15, 2024.** You will be contacted when your flowers are ready for pick-up.



18 USC 707



ITEM

Hanging Baskets

Ferns

Combo Hanging Baskets

Patio Pots

Geraniums

PRICE

\$15.00

\$15.00

\$20.00

\$20.00

\$20.00

ORDER FORM LOCATED ON THE BACK OF THIS FLYER

*Images used for reference are from previous years.

MARCH 2024



4-H CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4 4p. Goat & Sheep Club	5 4p. 4-H Teen Club	6 4p. Photography Club	7	8	9
10	11	12	13 1p. *Homeschool Cloverbud Club (library) 3p. *Estill Springs Cloverbud Club	14 4p. 4-H Embroidery Project	15	16
17	18 4p. Teen Cooking Club	19 4p. Photography Club 6:30p. 4-H Council Meeting	20 4p. *Junior Cooking Club	21 5:30p. 4-H Shooting Sports Meeting	22	23
24	25 5:30p. Horticulture Club	26	27 4p. We Dig Bugs Entomology Club	28 4p. 4-H Embroidery Project	29	30
31	April 1	April 2 8:30-3:30: Home Environment/Art Camp	April 3 8:30-3:30: Home Environment/Art Camp	April 4 8:30-3:30: Home Environment/Art Camp	April 5	April 6

Estill County
76 Golden Court
Irvine, KY 40336

RETURN SERVICE REQUESTED

For more Plate it up recipes visit
<https://fcs-hes.ca.uky.edu/content/plate-it-kentucky-proud>

★★★★★
reCOMMENDED



Triple Berry Crisp

- 3 tablespoons white sugar
- 1/2 teaspoon cinnamon
- 1/2 cup butter
- 1/4 cup brown sugar
- 1/2 cup flour
- 1/2 cup fresh blueberries
- 1/2 cup fresh strawberries
- 1/4 cup fresh blackberries
- 1/4 cup fresh strawberries
- 1/2 cup oats

Preheat oven to 375 degrees F. Spray the bottom and sides of an 8-by-8 inch baking pan with nonstick cooking spray. **Wash** berries. Do not let berries soak in water. Hull strawberries by removing the stems and green tops. **Place** blueberries, blackberries and strawberries in a mixing bowl. **Sprinkle** berries with white sugar and **stir**. **Set** aside. In a separate, large bowl, **mix** the brown sugar, flour, oats, cinnamon and nutmeg. **Cut** in the butter until crumbly. **Yield:** 12, 1/2 cup servings

Nutritional Analysis: 160 calories, 6 g fat, 3.5 g saturated fat, 15 mg cholesterol, 0 mg sodium, 27 g carbohydrate, 3 g fiber, 19 g sugars, 2 g protein



Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.